



19 January 2018

Guy Barnett, Liberal Member for Lyons

Grant supports extension of Longford Men's Shed

**For Country Courier only*

The Hodgman Liberal Government greatly values the important role played by Men's Sheds throughout Tasmania, and the work done by the Tasmanian Men's Shed Association (TMSA).

It was great to visit the Longford Men's Shed with member Henry Dubbeld, where I confirmed the Shed has been successful in a grant application from the Premier's Discretionary Fund.

A \$1500 grant has been provided to the Shed for electrical upgrades to support the Shed's extension.

The grant will allow the Shed to engage an electrician to move lighting and power points necessary for extension work. The extension will increase the floor space to broaden the work area and permit additional activities.

Men's Sheds have been shown to produce numerous health and social benefits including increased physical activity and improved awareness of mental health issues like anxiety and depression.

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